



Jay Regal Holistic Hypnotherapy Session Form  
Jay@regalthoughts.us • (470) 558-4335

Full Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Cell Phone Number \_\_\_\_\_

Best Times to Call or Text \_\_\_\_\_

Alternate Phone Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Complete Birth Certificate Name \_\_\_\_\_

Birth Date \_\_\_\_\_ Birth Time \_\_\_\_\_ (Give actual or say unknown)

Birth Place: City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_

Attended: High School \_\_\_\_ Trade School \_\_\_\_ College \_\_\_\_ Masters \_\_\_\_ Doctoral \_\_\_\_

Highest Degree or Certification Received \_\_\_\_\_ Year \_\_\_\_\_

Describe Your Occupation \_\_\_\_\_

Status: Married \_\_\_\_ Divorced \_\_\_\_ Separated \_\_\_\_ Widowed \_\_\_\_ Never Married \_\_\_\_

Your Personal Email Address \_\_\_\_\_

Source or Person I was Referred by \_\_\_\_\_

Goals to Accomplish \_\_\_\_\_

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Your thoughts...

What holds me back \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What have I done so far \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Additional comments, questions, requests, or concerns \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I request hypnotherapy sessions from Jay Regal. I have read his disclaimer and agree with his terms of service. I truthfully am answering all items listed above to the best of my ability. I understand that the birth information I am providing will be used to gauge my progress.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Today's Date \_\_\_\_\_